

BINSTEAD PRIMARY
SCHOOL



CHILD FRIENDLY
ANTI-BULLYING
POLICY

What is Bullying?

Physical: punching, hitting, hurting

Verbal: calling people names.

Emotional: When someone hurts your feelings.

Cyberbullying:

Cyberbullying is when you're being bullied through the internet and not face to face.



Being mean

Being mean is not very nice and you can be mean by calling people not very nice names.

WHEN IS IT BULLYING?

Several **t**imes **O**n **p**urpose



Bullying should not be allowed and it won't!

School is safe, keep it safe!

If You Are Bullied!

If you're getting bullied you should tell

- A teacher
 - Your pets
 - Your family
 - Your best friend
 - Next door neighbour
 - Dinner lady
-
- If you are getting bullied never keep it secret and always tell friendly people!



What should I do if I see someone else getting bullied?

If you see someone else getting bullied you shouldn't just walk away, you can: Stick up for them, help them out, tell someone on their behalf and be a good friend.



**Help them out if they need it most!
Stand up speak out!**

Everybody at Binstead Primary School will do their best to sort it out by: making our school a safer place with no bullies. We believe a school is better with no bullies. Everyone should be friends.



If You Are Getting Bullied?

Do:-

- Tell them to stop using eye contact, and walk away as well.
- Talk to an adult.
- Ignore them.
- Worry box



Don'ts:

- Do what they say.
- Get angry with them
- Hurt them
- Think it's your fault